The Infinitive or the gerund – which to use.

Verbs followed by the infinitive:

learn	promise	swear	consent	agree	neglect
forget	propose	regret	attempt	fail	endeavour
care	hope	hesitate	prepare	decide	determine
manage	arrange	cease	seem	refuse	undertake

Verbs followed by the gerund:

stop	finish	dread	detest	prevent	avoid	
risk	admit	deny	recollect	resent	delay	
postpone	defer	enjoy	fancy	imagine	forgive	
anticipate	pardon	excuse	suggest	consider	understand	
miss	involve	resist	keep (=cor	ntinue)	mind (=object)	
save (save oneself the trouble of)						

The following expressions are also followed by the gerund:

can't stand (=endure) can't help (prevent/avoid) it's no use/good Also after the adjective; worth

Verbs followed by the infinitive or by object + infinitive:

want	wish	love	hate	like	prefer		
ask	help	expect	beg	mean	intend		
e.g. I want to come. I want him to come							

Verbs followed by object + infinitive:

tell	order	invite	oblige	compel	allow	
permit	teach	instruct	warn	urge	encourage	
advise	tempt	request	forbid	remind	show how	
e.g. He told us to go. She showed him how to do it.						

The following verbs can take gerund OR infinitive:

begin	start	continue	attempt	intend	can't bear
love	like	hate	prefer	it requires	be afraid (of)
it wants	propose	<u>remember</u>	<u>regret</u>	<u>permit</u>	<u>allow</u>
<u>advise</u>	<u>it needs</u>	<u>try</u>	<u>mean</u>	go on	recommend
used to					

In the underlined ones, circumstances can dictate one or the other and sometimes the choice can affect the meaning